

LADY III GTX®
Item number 220616

LOWA
simply more...

TREKKING INDEX 3



LOWA Index	3 / Trekking
Upper	nubuck
Lining	GORE-TEX®
Sole	Vibram® Natural
Weight	1390 g/pair (UK 5)
Sizes	UK 3.5 - 9
Construction	board lasted upper, cemented sole

BEST FOR
extended treks, moderate hikes over mountain terrain, easy hut walks
and demanding single-day hikes



Detailed information can be found at <https://www.lowa.de/en/products/fit-quality/comfort.html>

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Outsole Vibram® Natural

- moderately lugged, trekking-oriented tread profile
- distinct heel and front profile for optimal mountain climbs and descents
- very good grip on diverse terrain



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Lowa Sportschuhe GmbH

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Technic Icons

Last



S-Leisten
(schmal)

In a S last, the forefoot area is smaller than the same area in a normal last. The ball area is reduced for this purpose.



WXL-Leisten

Expanded toe box combined with more volume at the metatarsals.

Outsoles



Vibram®

For many years now, Vibram® has been the market leader for anti-slip and durable shoe soles. The hallmark qualities of Vibram® soles include the exceptional support they provide on the widest types of terrain and the optimal abrasion resistance created by the rubber mixture.



Resoleable

This shoe model can also be resoled. You will receive more information from customer service or at www.lowa.com.

Joints



Hard Shank

This specially reinforced insole provides optimal stability and support for tours with heavy backpacks and in Alpine areas.

Shaft technologies



C4-Tongue

The specially designed boot tongue substantially enhances the comfort of the footwear. The tongue includes extra padding for the outer portion of the foot, and the upper end of it is especially soft. This asymmetrical padding provides optimal support to many areas of the foot. In response to the foot's natural anatomy, the notches for the ankle area have been placed higher on the inside than on the outside. A flexible bending application has also been integrated into the inner part.



Minimal Seams

The use of a single-section fabric upper eliminates stitching and, thus, friction and irritation. The result? Increased comfort.



2-Zone-Lacing

Thanks to the dual-zone lacing system, the forefoot and upper have their own separately adjustable lacing zones. As a result, the boot can be individually adjusted to the foot's anatomy.



X-Lacing®

Optimal positioning of the tongue, without any slippage or pressure points: This is what X-LACING® technology is all about. This special lacing system fixes the tongue both vertically and horizontally. The lacing system gains independence from the height of the instep as a result, making it perfect for any type of foot. In this technology, the pressure of the laces is borne not just by the hooks and is transferred to the tongue as well.

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Shaft technologies



Roller Eyelets

Laces need to run flexibly and smoothly through the eyelets. Small balls installed in the metal eyelets keep the friction created by the laces to a minimum.

Materials



GORE-TEX®
Lining

Guaranteed weather protection, even in pouring rain and heavy snow: The innovative GORE-TEX® technology delivers optimal waterproof protection and breathability.